

DIVISION OF NATURAL SCIENCES

SCHOOL OF SPORT AND EXERCISE SCIENCES

School Website: www.kent.ac.uk/sportsciences/

Stage 1 and 0 (*Foundation where applicable*)

NOTE: The Sports courses have been taught at our Canterbury Campus since September 2021.

All courses, unless specified in the subject requirements for that course, require that you take modules amounting to 120 credits in total, 60 credits in Autumn and 60 credits in Spring.

Please refer to the online Module Catalogue for full details of all modules: www.kent.ac.uk/courses/modules

Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your course.

SCHOOL OF SPORT AND EXERCISE SCIENCES

- [Foundation Year subject requirements](#)
- [Sport and Exercise for Health](#)
- [Sport and Exercise for Health with a Foundation Year](#)
- [Sport and Exercise for Health with a Year in Industry](#)
- [Sport And Exercise for Health with Sport Management](#)
- [Sport And Exercise for Health with Sport Management with a Foundation Year](#)
- [Sport And Exercise for Health with Sport Management with a Year in Industry](#)
- [Sport and Exercise Science](#)
- [Sport and Exercise Science with a Foundation Year](#)
- [Sport and Exercise Science with a Year in Industry](#)
- [Sport and Exercise Science with Sport Management](#)
- [Sport And Exercise Science with Sport Management with a Foundation Year](#)
- [Sport and Exercise Science with Sport Management with a Year in Industry](#)
- [Sports Therapy and Rehabilitation](#)
- [Sports Therapy and Rehabilitation with a Foundation Year](#)
- [Sports Therapy and Rehabilitation with a Year in Industry](#)

The information contained herein is correct at the time of publication. Please note, however, that if a module recruits fewer than 8 students it is possible that it will not run. In this event, you will be contacted and asked to select an alternative module.

SPORT AND EXERCISE SCIENCE WITH A FOUNDATION YEAR

USES0001F1BS-F

SPORT AND EXERCISE SCIENCE WITH SPORT MANAGEMENT WITH A FOUNDATION YEAR

USEZ0001F1BS-F

SPORTS THERAPY AND REHABILITATION WITH A FOUNDATION YEAR

USTH0001F1BS-F

Single Honours

FOUNDATION YEAR – STAGE 0 – 120 credits

You must take the following compulsory modules (80 credits):

| Compulsory modules: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|----------------------------|--|----------------------|--------------------|---------------------|
| NATS0001* | Foundation Biology | 20 | Autumn | 3 |
| NATS0002* | Foundation Chemistry | 20 | Autumn | 3 |
| NATS0003* | Scientific Methods and Data Handling | 20 | Autumn | 3 |
| NATS0004* | Scientific Methods and Academic Skills Development | 20 | Spring | 3 |

*Module cannot be compensated

PLUS 40 credits from the following optional modules:

| Optional modules: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|-----------------------------|--|----------------------|--------------------|---------------------|
| NATS0005* | Fundamental Human Biology and Genetics | 20 | Spring | 3 |
| NATS0006* ‡ | Fundamentals of Sport and Exercise Science | 20 | Spring | 3 |
| NATS0007* | Chemical Reactivity and Analysis | 20 | Spring | 3 |

*Modules cannot be compensated or condoned

‡ Recommended module for the Sports courses

SPORT AND EXERCISE FOR HEALTH

USEH0001Z1BS-F

SPORT AND EXERCISE FOR HEALTH WITH A FOUNDATION YEAR

USEH0001F1BS-F

SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY

USEH0001P2BS-F

Single Honours

STAGE 1 – 121 credits – 60 credits per term

You must take the following compulsory modules (120 credits):

| Compulsory modules: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|----------------------------|---|----------------------|--------------------|---------------------|
| SPOR3130* | Introduction to Sport & Exercise Nutrition | 15 | Spring | 4 |
| SPOR3380 | Introduction to Sport and Exercise Physiology | 30 | Autumn & Spring | 4 |
| SPOR3440 | Introduction to Sport & Exercise Psychology | 15 | Autumn | 4 |
| SPOR3450 | Functional Anatomy and Biomechanics | 30 | Autumn & Spring | 4 |
| SPOR3550 | Research in Sport and Exercise Sciences | 30 | Autumn & Spring | 4 |

*Module cannot be compensated

PLUS the following extra-curricular compulsory module:

| Compulsory module: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|---------------------------|---|----------------------|--------------------|---------------------|
| SPOR4001 | Sports Academic Advising and Skills Development I | 1 Non-contributory | Autumn & Spring | 4 |

SPORT AND EXERCISE FOR HEALTH WITH SPORT MANAGEMENT USEM0001X1BS-F
SPORT AND EXERCISE FOR HEALTH WITH SPORT MANAGEMENT WITH A FOUNDATION YEAR USEM0001F1BS-F
SPORT AND EXERCISE FOR HEALTH WITH SPORT MANAGEMENT WITH A YEAR IN INDUSTRY USEM0001P1BS-F

Single Honours

STAGE 1 – 121 credits

You must take the following compulsory modules (120 credits):

| Compulsory modules: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|----------------------------|---|----------------------|--------------------|---------------------|
| SPOR3380 | Introduction to Sport and Exercise Physiology | 30 | Autumn & Spring | 4 |
| SPOR3440 | Introduction to Sport & Exercise Psychology | 15 | Autumn | 4 |
| SPOR3450 | Functional Anatomy and Biomechanics | 30 | Autumn & Spring | 4 |
| SPOR3500 | Introduction to Sport Industries | 15 | Autumn | 4 |
| SPOR3550 | Research in Sport and Exercise Sciences | 30 | Autumn & Spring | 4 |

PLUS the following extra-curricular compulsory module:

| Compulsory module: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|---------------------------|---|----------------------|--------------------|---------------------|
| SPOR4001 | Sports Academic Advising and Skills Development I | 1 Non-contributory | Autumn & Spring | 4 |

SPORT AND EXERCISE SCIENCE

USES0001Z1BS-F

SPORT AND EXERCISE SCIENCE WITH A FOUNDATION YEAR

USES0001F1BS-F

SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY

USES0001P2BS-F

Single Honours

STAGE 1 – 121 credits – 60 credits per term

You must take the following compulsory modules (120 credits):

| Compulsory modules: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|----------------------------|---|----------------------|--------------------|---------------------|
| SPOR3130 | Introduction to Sport & Exercise Nutrition | 15 | Spring | 4 |
| SPOR3380 | Introduction to Sport and Exercise Physiology | 30 | Autumn & Spring | 4 |
| SPOR3440 | Introduction to Sport & Exercise Psychology | 15 | Autumn | 4 |
| SPOR3540 | Anatomy and Biomechanics of Movement | 30 | Autumn & Spring | 4 |
| SPOR3550 | Research in Sport and Exercise Sciences | 30 | Autumn & Spring | 4 |

PLUS the following extra-curricular compulsory module:

| Compulsory module: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|---------------------------|---|----------------------|--------------------|---------------------|
| SPOR4001 | Sports Academic Advising and Skills Development I | 1 Non-contributory | Autumn & Spring | 4 |

SPORT AND EXERCISE SCIENCE WITH SPORT MANAGEMENT

USEZ0001X1BS-F

SPORT AND EXERCISE SCIENCE WITH SPORT MANAGEMENT WITH A FOUNDATION YEAR

USEZ0001F1BS-F

SPORT AND EXERCISE SCIENCE WITH SPORT MANAGEMENT WITH A YEAR IN INDUSTRY

USEZ0001P1BS-F

Single Honours

STAGE 1 – 121 credits

You must take the following compulsory modules (120 credits):

| Compulsory modules: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|----------------------------|---|----------------------|--------------------|---------------------|
| SPOR3380 | Introduction to Sport and Exercise Physiology | 30 | Autumn & Spring | 4 |
| SPOR3440 | Introduction to Sport and Exercise Psychology | 15 | Autumn | 4 |
| SPOR3500 | Introduction to Sport Industries | 15 | Autumn | 4 |
| SPOR3540 | Anatomy and Biomechanics of Movement | 30 | Autumn & Spring | 4 |
| SPOR3550 | Research in Sport and Exercise Sciences | 30 | Autumn & Spring | 4 |

PLUS the following extra-curricular compulsory module:

| Compulsory module: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|---------------------------|---|----------------------|--------------------|---------------------|
| SPOR4001 | Sports Academic Advising and Skills Development I | 1 Non-contributory | Autumn & Spring | 4 |

SPORTS THERAPY AND REHABILITATION

USTR0001Z1BS-F

SPORTS THERAPY AND REHABILITATION WITH A FOUNDATION YEAR

USTH0001F1BS-F

SPORTS THERAPY AND REHABILITATION WITH A YEAR IN INDUSTRY

USTR0001P1BS-F

Single Honours

STAGE 1 – 121 credits

You must take the following compulsory modules (120 credits):

| Compulsory modules: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|----------------------------|---|----------------------|--------------------|---------------------|
| SPOR3450* | Functional Anatomy and Biomechanics | 30 | Autumn & Spring | 4 |
| SPOR3460 | Introduction to Human Physiology | 15 | Autumn | 4 |
| SPOR3510* | Mechanisms of Sports Injuries | 15 | Autumn | 4 |
| SPOR3520* | Peripheral Joint Assessment | 15 | Spring | 4 |
| SPOR3530* | Sport and Remedial Massage | 15 | Spring | 4 |
| SPOR3550 | Research in Sport and Exercise Sciences | 30 | Autumn & Spring | 4 |

*Module cannot be compensated

PLUS the following extra-curricular compulsory module:

| Compulsory module: | MODULE TITLE | CREDIT AMOUNT | TERM TAUGHT | CREDIT LEVEL |
|---------------------------|---|----------------------|--------------------|---------------------|
| SPOR4001 | Sports Academic Advising and Skills Development I | 1 Non-contributory | Autumn & Spring | 4 |